

J O Y

Psalm 16:1-11

¹Keep me safe, my God, for in you I take refuge. ²I say to the Lord, "You are my Lord; apart from you I have no good thing." ³I say of the holy people who are in the land, "They are the noble ones in whom is all my delight." ⁴Those who run after other gods will suffer more and more. I will not pour out libations of blood to such gods or take up their names on my lips.

Psalm 16:1-11

⁵ Lord, you alone are my portion and my cup; you make my lot secure. ⁶ The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance. ⁷ I will praise the Lord, who counsels me; even at night my heart instructs me. ⁸ I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.

Psalm 16:1-11

*⁹ Therefore my heart is glad and my tongue rejoices; my body also will rest secure,
¹⁰ because you will not abandon me to the realm of the dead, nor will you let your Holy One see decay. ¹¹ You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.*



**Joy is the emotional
byproduct of peace and
hope.**

Lasting Joy

Where NOT to Find It

Where TO Find It

Why it will Last.

Where NOT to Find it

Psalm 16:4

Those who run after other gods will suffer more and more. I will not pour out libations of blood to such gods or take up their names on my lips.

**“If I have _____
then I will have a
good life.”**

Psalm 16:4

***Those who run after other
gods will suffer more and
more.***

Can you recognize what your heart is running after? Has it delivered lasting joy?

Where TO Find It

Psalm 16:1-2, 5, 7-8

¹ Keep me safe, my God,
for in you I take refuge. ² I say
to the Lord, “You are my Lord;
apart from you I have no good
thing.”

Psalm 16:1-2, 5, 7-8

***5 Lord, you alone are my portion
and my cup;
you make my lot secure.***

Psalm 16:1-2, 5, 7-8

⁷ I will praise the Lord, who counsels me; even at night my heart instructs me. ⁸ I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.

**What is your day-to-day
source of joy?**

Why it will last

Psalm 16:9-11

⁹ Therefore my heart is glad and my tongue rejoices; my body also will rest secure ¹⁰ because you will not abandon me to the realm of the dead, nor will you let your Holy One see decay. ¹¹ You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

Psalm 16:9-10

*My body also will rest secure
because you will not abandon me
to the realm of the dead, nor will
you let your Holy One see decay.*

Acts 2:29-33

²⁹Fellow Israelites, I can tell you confidently that the patriarch David died and was buried, and his tomb is here to this day. ³⁰But he was a prophet and knew that God had promised him on oath that he would place one of his descendants on his throne. ³¹ Seeing what was to come, he spoke of the resurrection of the Messiah, that he was not abandoned to the realm of the dead, nor did his body see decay.

Acts 2:29-33

32 God has raised this Jesus to life, and we are all witnesses of it. 33 Exalted to the right hand of God, he has received from the Father the promised Holy Spirit and has poured out what you now see and hear.

We can easily dismiss the resurrection as a fairytale if we hide from ourselves the uncomfortable fact that the first men and women who claimed to be witnesses to the resurrection were prepared to be tortured and to die horribly rather than deny the risen Christ. It is hard to believe that those people didn't see what they saw.

A. N. Wilson

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