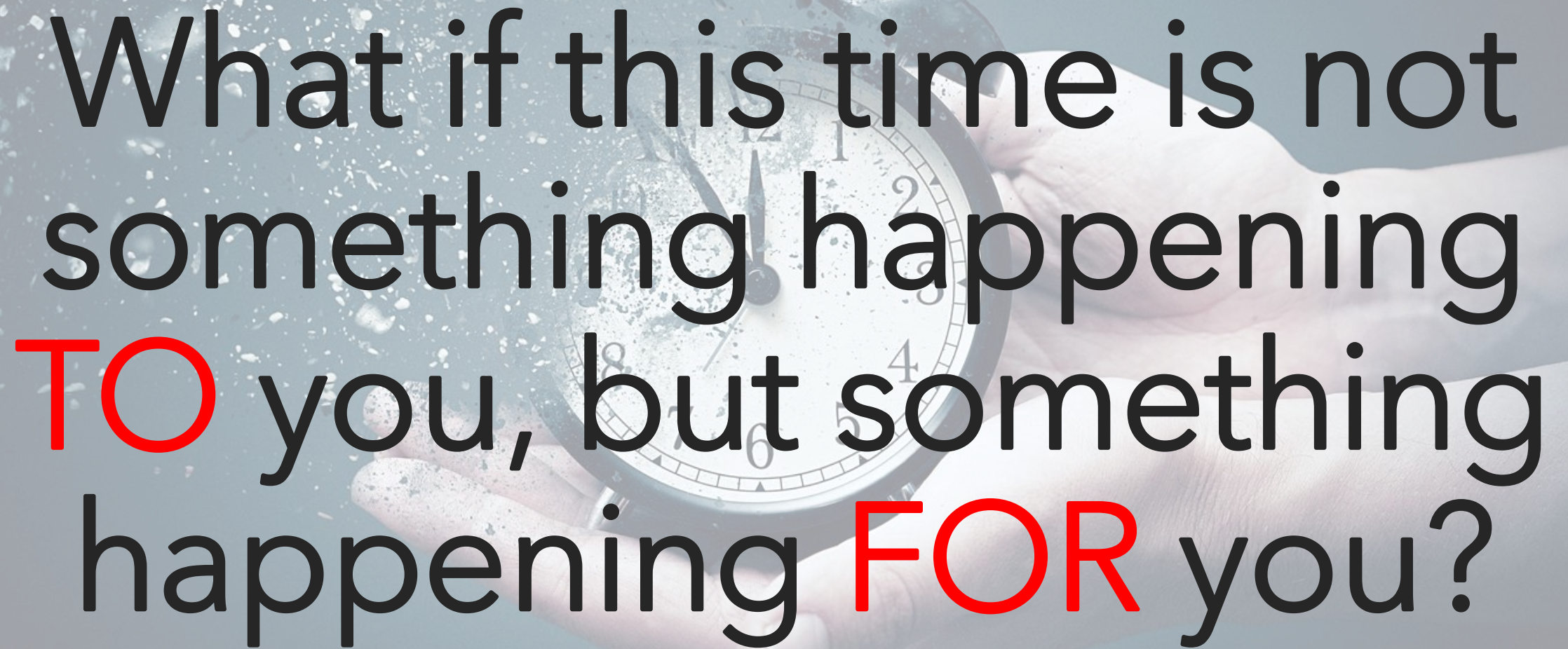




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USE IT OR LOSE IT

A hand holding a pocket watch with a starry background. The watch face is visible, showing numbers and hands. The background is a dark blue space with white speckles representing stars.

What if this time is not  
something happening  
**TO** you, but something  
happening **FOR** you?

Acts 17:26

*From one man he made all the nations, that they should inhabit the whole earth; and he marked out their **APPOINTED TIMES** in history and the **BOUNDARIES** of their lands.*

A hand holding a pocket watch against a starry night sky background. The watch face is visible, showing numbers and hands. The background is a dark blue/black space filled with white stars of varying sizes.

Acts 17:27

God did this so that they would **SEEK** him and perhaps **REACH OUT** out for him and **FIND** him, though he is not far from any one of us.

Ephesians 2:10

*We are Christ's workmanship  
created in Christ Jesus  
for good works, which*

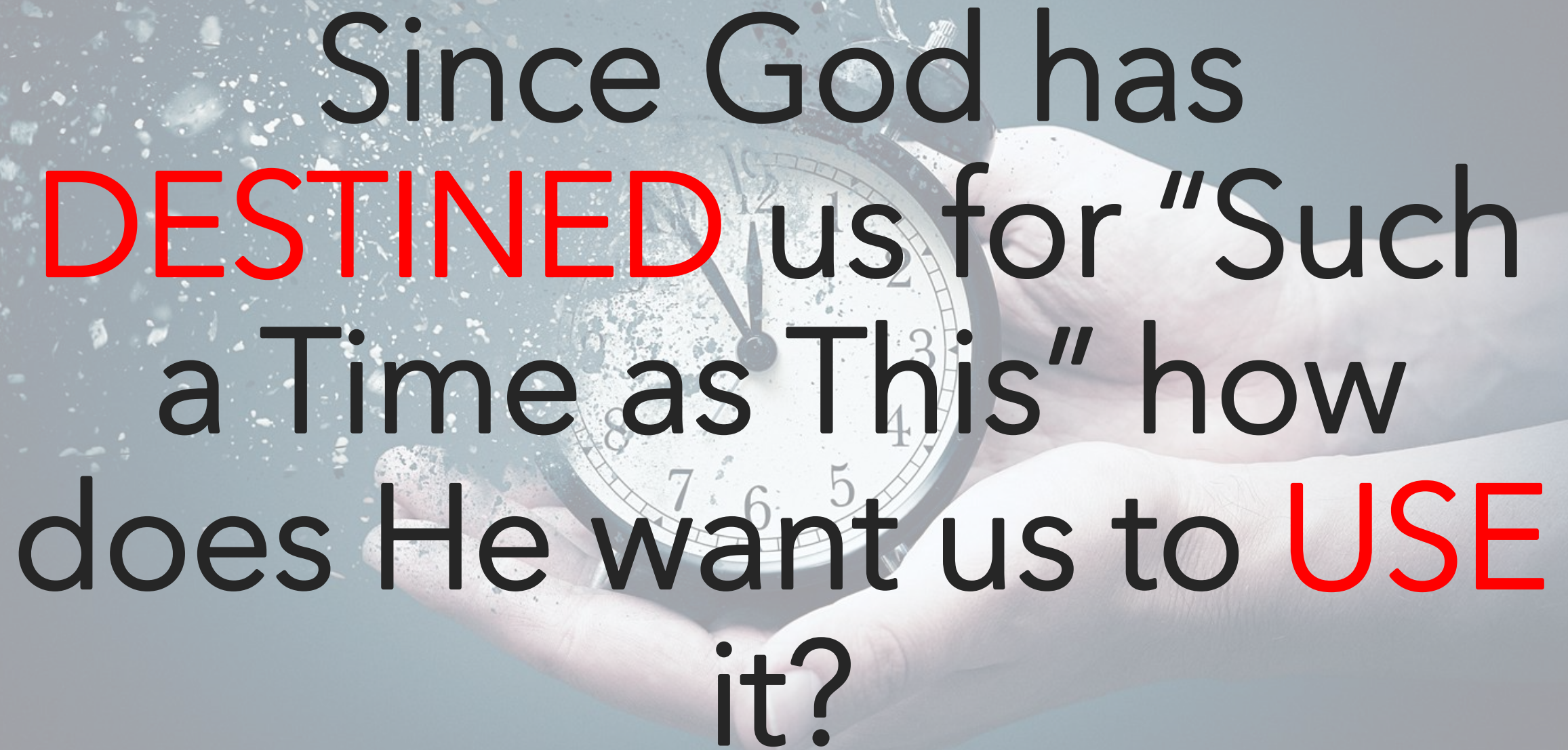
God **PREPARED**

**BEFOREHAND** *so that we*

*would* **WALK** *in them.*

A hand holding a pocket watch against a starry background. The watch face is visible, showing numbers 1 through 8. The background is a dark blue space with white speckles representing stars.

**WHO** you are  
**WHERE** you are  
**WHEN** you are...  
is Destined by God

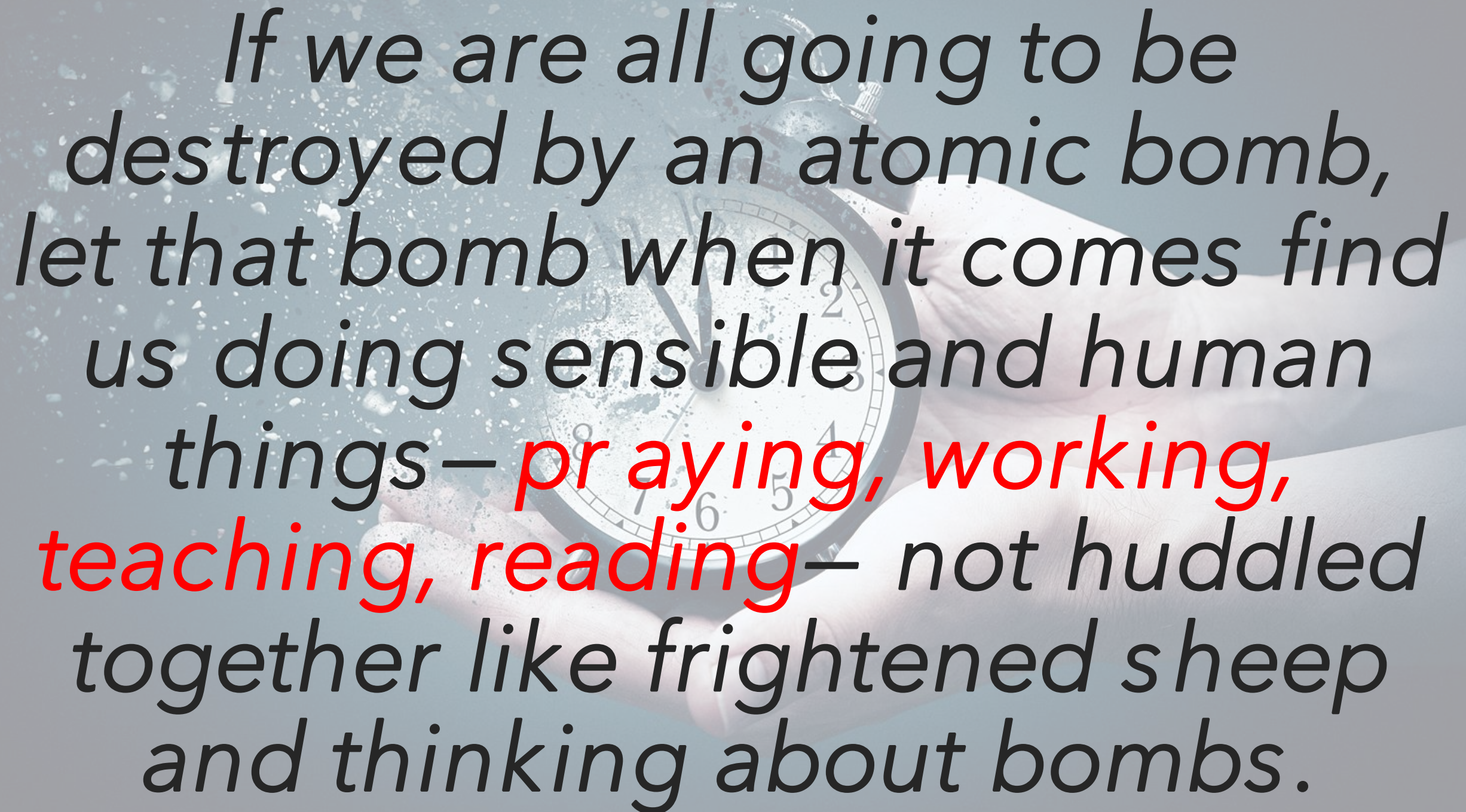
A hand holding a clock against a starry background. The clock face is visible, showing numbers 1 through 12. The background is a dark blue space with white stars and a nebula-like pattern. The text is overlaid on the image.

Since God has  
**DESTINED** us for "Such  
a Time as This" how  
does He want us to **USE**  
it?

Ephesians 5:15-17

*Be very careful, then, how you live— not as unwise but as wise, **making the most of every opportunity**, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is.*



A hand holding a pocket watch against a background of falling white particles. The watch face is visible, showing numbers 2 through 8. The text is overlaid on the image.

*If we are all going to be destroyed by an atomic bomb, let that bomb when it comes find us doing sensible and human things – **praying, working, teaching, reading** – not huddled together like frightened sheep and thinking about bombs.*



7 Ways to

USE TIME

not

LOSE TIME

A hand is shown holding a silver stopwatch. The stopwatch has a white face with black numbers and hands. The background is a dark, textured surface with white speckles, suggesting sand or a similar granular material. The text is overlaid on the image.

#1 Stop Spinning  
and Do  
Something!



#2 Determine  
your **Priorities**

# Scripture Reading



Scripture Reading

Prayer



Scripture Reading  
Prayer

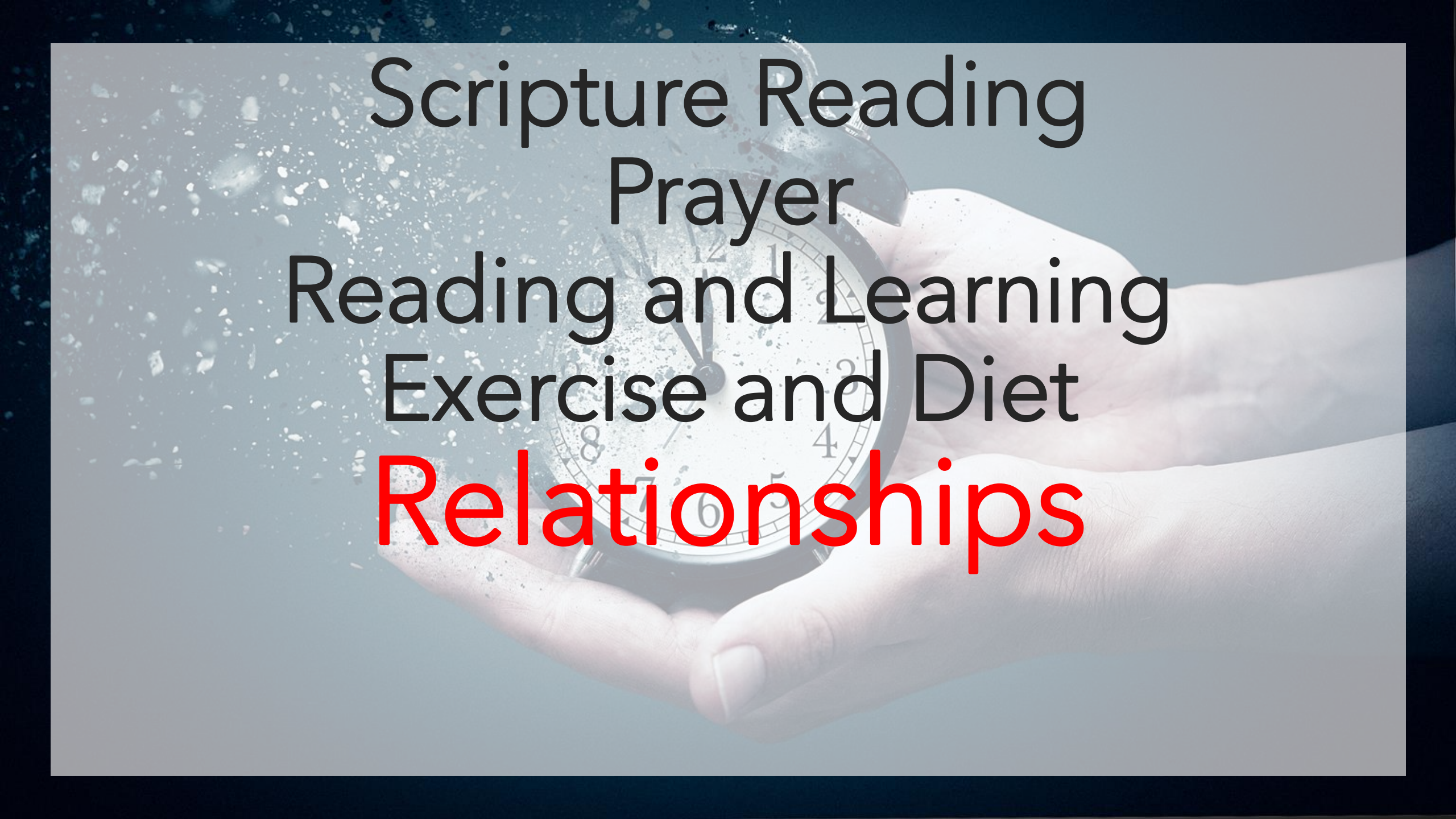
Reading and Learning



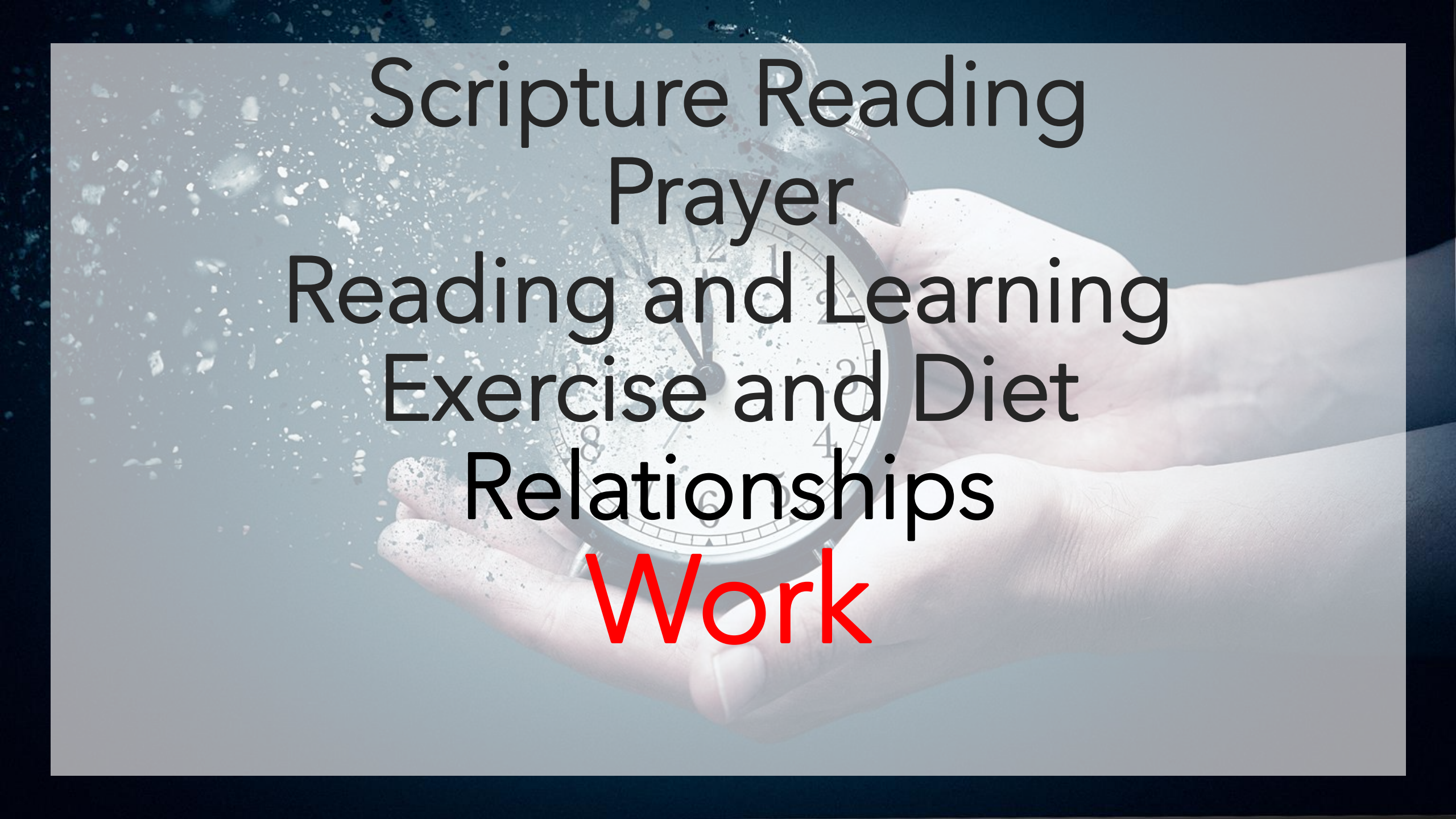
A hand holding a clock with text overlay. The background is a dark, textured surface with a hand holding a clock. The text is overlaid on the image.

Scripture Reading  
Prayer  
Reading and Learning  
**Exercise and Diet**

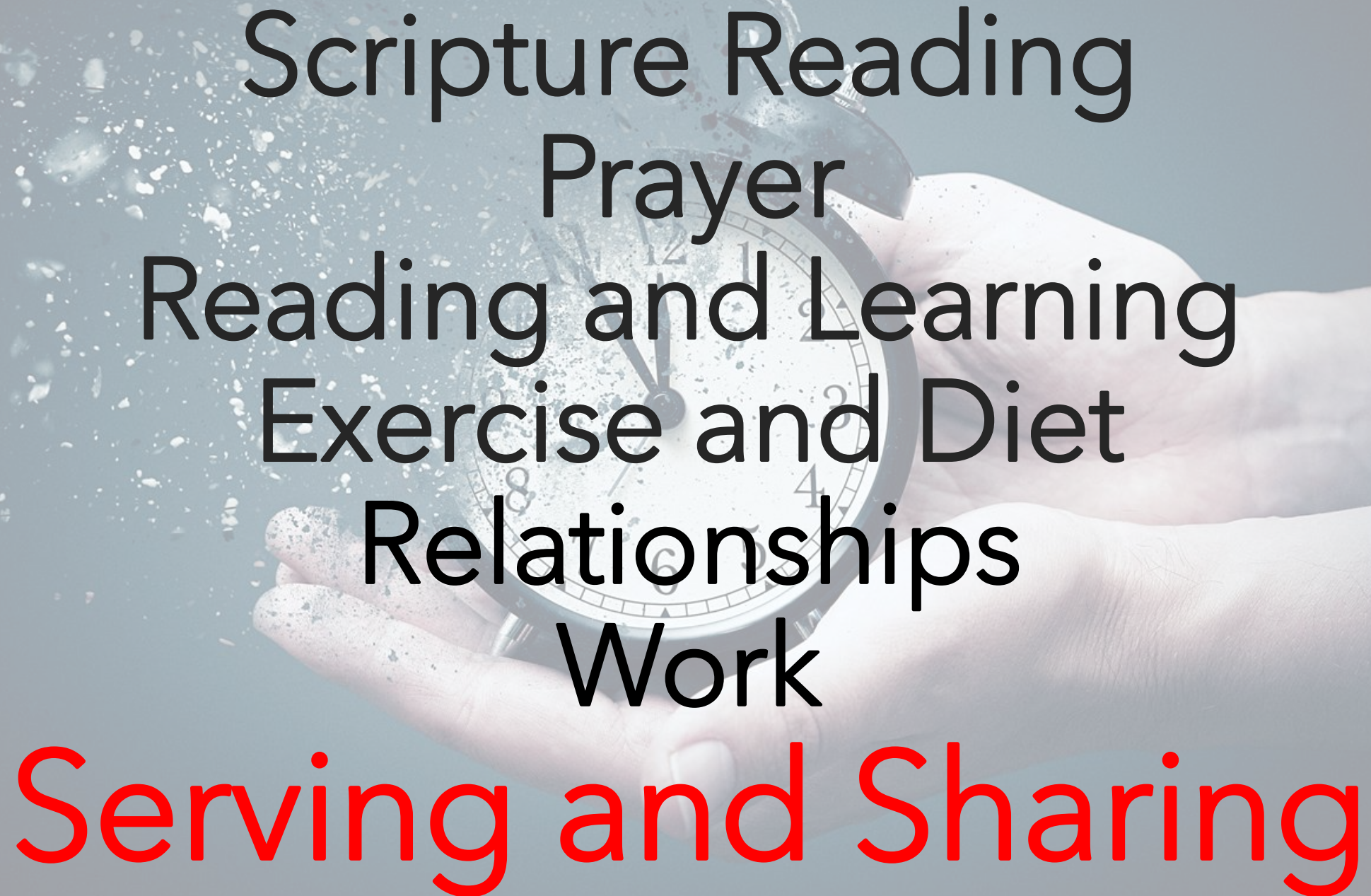


A hand holding a pocket watch with a starry background. The watch face is visible, showing numbers 1 through 12. The background is a dark blue space with white stars and a light blue nebula-like pattern. The text is overlaid on the image.

Scripture Reading  
Prayer  
Reading and Learning  
Exercise and Diet  
**Relationships**

A hand is shown holding a silver stopwatch. The background is a dark, textured surface with white sand or particles falling from the top, creating a sense of time passing. The text is overlaid on the image, with the word 'Work' in red and the other words in black.

Scripture Reading  
Prayer  
Reading and Learning  
Exercise and Diet  
Relationships  
**Work**

A hand holding a clock with a starry background. The clock face is visible, showing numbers 1 through 12. The background is a dark blue space with white stars and a light blue nebula-like pattern. The text is overlaid on the image.

Scripture Reading  
Prayer  
Reading and Learning  
Exercise and Diet  
Relationships  
Work  
Serving and Sharing



#3 Make a Daily  
Schedule

A hand holding a stopwatch with sand falling from it, symbolizing time and relationships. The background is a dark, textured surface with a light blue overlay.

# #4 Build and Restore Relationships

facebook

LIVE



USE IT OR LOSE IT