

**The Giant of Grief – Pastor Bill Schlonecker
Brandywine Baptist Church – May 30, 2021**

Busting the Myths of Grief

1-Grief for the believer is less painful because we know Jesus

2-All grief journeys follow the same path and timetable

3-All fellow-believers instinctively know how to be comforting to the grieving

Experiencing Grace in the Grip of Grief:

1-Embrace your grief honestly and unashamedly

Psalm 34:18

2-Choose to believe what you KNOW in your head to be true about God...and wait for your heart to catch up

Romans 8:28-29 (2 Slides)

3-Fill your mind and heart with the promises of God's Word

Psalm 73:25-26

4-Engage with other trustworthy people and simple activities

Hebrews 10:24-25 (2 Slides)

5-Focus on the hope that we have in Christ

Hebrews 6:19-20 (2 Slides)

Past / Regrets, Present / Respite, Future / Renewal