

Matthew 11:28-30 New International reader's Version (NIrV)

²⁸ "Come to me, all you who are tired and carrying heavy loads. I will give you rest. ²⁹ Become my servants and learn from me. I am gentle and free of pride. You will find rest for your souls. ³⁰ Serving me is easy, and my load is light."

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"The Giant of Anxiety & Depression"

Pastor Nate Keeler

Take notes by drawing or writing key words from the sermon.

The Giant of Anxiety & Depression **ALL** CZMWYWOVTPXT D N W **BURDENED** K X LGN KUUAS **COME** DEN Ε RUB Ε D F **EASY** AQAE B L S R **GENTLE** K X K **HEART** S DLA S L U T V **HUMBLE** HU K N F B Т BZSWU M K Ε J 0 Т **LEARN** AAKQJV H Н LMXAX LIGHT A U F P G E M Y Q E X **REST** GAQN B Υ E N **SOULS** LGSQP LUVN N Н **TAKE** QLVZG U P T A W E N Н P X **WEARY** J SDHKSXNSQMBQF

How can you grow in your relationship with Jesus? Draw or write your answer.



YOKE